

## CURRICULUM VITA

Mary Vaishnavi Roberson, Ph.D.

### PRESENT ADDRESS

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### EDUCATIONAL BACKGROUND

- 9/84-9/88 **Ph.D.**, Michigan State University, East Lansing, MI 48824. Major: Clinical Psychology. Minor: Health Psychology. Specializing in Psychology of Women/Women's Studies.
- 7/86-7/87 Predoctoral Internship in Clinical Psychology (APA-Approved), Ulster Community Mental Health Services, Kingston, NY 12401.
- 9/79-8/84 **M.A.**, Michigan State University, East Lansing, MI 48824. Clinical Psychology.
- 9/77-6/79 **B.A.**, University of Tennessee, Knoxville, TN 37796. Major: Psychology.
- 9/70-9/77 Medical Technology and other positions.
- 9/69-9/70 Medical Technology Internship, Carle Clinic Hospital, Urbana, IL. Certified by examination by the American Society of Clinical Pathologists as a registered medical technologist (A.S.C.P., M.T.).
- 9/66-6/69 University of Illinois, Urbana, IL. Major: Medical Technology.

### VEDIC EDUCATIONAL BACKGROUND and EXPERIENCE

- 1975-present Transcendental Meditation
- 1975 Science of Creative Intelligence
- 1995-present Trainings with the following teachers and schools:  
Dr. Vasant Lad, Sonia Masocco of Ayurvedic Institute  
Maharishi Ayurveda programs for Health Professionals  
Dr. David Frawley of American Institute of Vedic Studies  
Maya Tiwari of the Wise Earth School of Ayurveda  
Dr. Suhas Kshirsargar of Ayurvedic Healing Institute – Vedic Counseling Certification  
Sam Sadasiva Geppi of the American Academy of Vedic Art and Science  
Applied Trainings: Myrica Morningstar, Jaisri M. Lambert

### PROFESSIONAL EMPLOYMENT HISTORY

- 2020 Certified in Vedic astrology by American Academy of Vedic Art and Science.
- 2018-present Certified Vedic Counselor by Ayurvedic Healing Institute. Provide assessment and follow-up for consciousness-based holistic wellness.
- 08/95-present Ayurvedic Practitioner. Certified by National Ayurvedic Medical Association in 2014.
- 08/88-present. Clinical Psychologist, Oak Ridge, TN (FT). Also formerly, Dayton, OH (PT), Nashville, TN (PT) and Knoxville, TN (PT). Duties include private practice psychotherapy and public speaking. Specialties in psychology of women, cultural diversity, spirituality/psychology and religion, and health psychology. EMDR practitioner. Eclectic orientation. Licensed to practice psychology in Tennessee (P-1349).
- 5/98-2015. Owner of Ayurveda Center for Natural Healthcare, provided massage therapy, psychotherapy, and Ayurvedic services. The Center also had classes on Ayurveda and yoga.

- 09/1998-2005. Adjunct Faculty, Somatic Therapies Program, Roane State Community College, Oak Ridge, TN. Courses: Ayurvedic Massage; Mind, Body & Consciousness; Ethics.
- 8/88-5/95. Assistant Professor, Department of Psychology, University of Dayton, Dayton, OH. Duties included teaching in the undergraduate and graduate masters program (e.g., psychology of women, human sexuality, abnormal psychology, psychology for ministry, introduction to clinical psychology methods); conducting independent research and advising for undergraduate and graduate student research; and service including an active participation in the Women's Studies Program, the Center for International Studies, racial awareness and campus ministry programs.

### PUBLICATIONS (Sample)

- Roberson, Mary Vaishnavi (2006). Practicing Ayurveda in the United States: Self Realization Through Conflict Resolution. Light on Ayurveda Journal, 4(2), 12-14.
- Greene B. and Sanchez-Hucles, J. with Banks, M., Civish, G., Contratto, S., Griffith, J., Hinderly, H., Jenkins, Y. M., Roberson, M. K. (1995). Diversity: Advancing an inclusive feminist psychology. In J. Worell & N. Johnson (Eds.), Feminist Visions: New Directions in Education and Training for Feminist Psychology Practice. This book is the product of the National Conference on Education and Training in Feminist Practice, a working conference sponsored by the American Psychological Association and Division 35, held at Boston College, July, 1993.
- Roberson, M. K. (1995). Limits of academic freedom for non-tenured faculty. In L. Fulani (ed.), Women who don't sell out. New York: Castillo International.
- 1995-present: Many conference presentations on complementary medicine, Ayurveda, Ayurvedic massage/marma, and more. Various articles in local publications and local presentations on topics such as Ayurveda and high cholesterol, attention deficit disorder, arthritis.

### FELLOWSHIPS AND GRANTS

- January, 1993. Joseph J. Malone Faculty Fellows Program in Arab and Islamic Studies. This was an educational grant administered by the National Council on US-Arab Relations. Traveled to the United Arab Emirates and Oman, meeting with academic personnel and government officials and visiting cultural sites.
- February, 1994. Kimble, C. E., Graetz, K., Roberson, M. K., Katsuyama, R. M., Majka, T. Racial and religious attitudes in the Dayton area. Grant sponsored by the National Council to conduct a survey on racial and religious tolerance in the community.
- Summer, 1991. Research seed grant funding from the Center for International Studies, University of Dayton. Palestinian Community Mental Health Services in the Occupied Territories. My trip to the Occupied Territories was funded by a grant from Medicin Sans Frontier (Doctors Without Borders)--Holland.
- May-June, 1990. American Society for Medical Aid, Chicago, Illinois. A grant for a fact finding trip to Jerusalem and the Occupied Palestinian Territories. Observed the effects of the occupation on the mental health of the Palestinian people, as well as the provision of mental health services.